

## **January 2024 NACR QUARTERLY REPORT ON PSYCHOSOCIAL WELLBEING OUTCOMES (run using January 2024 extract)**

(Jul to Sept 2023 data; patient records were included if they had an assessment 2 recorded within the time period and there was sufficient data – 10 or more assessment rehab records with measures for HADS Anxiety/Depression or PHQ-9/GAD-7 completed pre and post rehabilitation)

Introduction: In this Quarterly report and the next two reports, the subject will be outcomes. This is to highlight that despite uptake being of focus, the whole pathway should be evaluated to maximise patient benefit.

The report details, at programme level, the outcomes for patients upon completion of Cardiac Rehabilitation (CR) for psychosocial wellbeing. Psychosocial wellbeing is a key aspect of the BACPR Standards and Core Component for CR and measuring this for patients is essential for effective evaluation. These outcomes are for Anxiety and Depression, measured by the HADS or the PHQ-9/GAD-7 questionnaires.

Method: For the purpose of reporting, patients' questionnaire scores were recoded into 'normal' or 'not normal'. The normal status was a score for HADS of less than eight and the not normal was greater than or equal to eight and PHQ-9/GAD-7 was <6 or ≥6. Based on the number of patients within the service with measures recorded, percentages were calculated for pre rehabilitation (Assessment 1) and post rehabilitation (Assessment 2). The change is measured as percentage point change based on post % minus pre %.

The measure shown for each programme is the tool, out of HADS and PHQ-9/GAD-7, that was used in the greatest number. Data on both tools for larger time periods are available upon request to the NACR team.

In this period, the number of programmes included in this report was 160. Of these 148 programmes used HADS for the greater number and 12 programmes used PHQ-9/GAD-7. Of all the programmes, 41 had assessment records in the time period, but did not have a minimum of 10 records with HADS or PHQ-9/GAD-7 recorded for inclusion and are labelled as insufficient data.

When looking at the anxiety measures at baseline (i.e. prior to starting CR), on average, there was 72% of patients within normal level of anxiety category. Upon completion, the number increased to 77%, which showcases a 5%-point increase. At a programme level, there was a large level of variation, with some programmes yielding large improvement in the normal anxiety state (max=33%).

The depression measure on average had 78% of patients as normal at baseline. After CR, the percent of patients on average with a normal score was 84%. In total, there was a 6%-point increase in patients as normal post CR. Similar to the anxiety measure, the programme variation was large, with a maximum of 45% point change for one programme.

Trust Name	Network/Region	ICB/Board	Measure	Assessment 1 Anxiety Normal %	Assessment 2 Anxiety Normal %	Normal Anxiety Change %	Assessment 1 Depression Normal %	Ass 2 Depression Normal %	Normal Depression Change %
Countess of Chester Hospital NHS Foundation Trust (Countess of Chester Hospital)	Cheshire & Merseyside	NHS Cheshire and Merseyside	HADS	46%	73%	27%	36%	82%	45%
East Cheshire NHS Trust (Macclesfield District General Hospital)	Cheshire & Merseyside	NHS Cheshire and Merseyside	HADS	71%	69%	-2%	69%	86%	16%
Liverpool Heart and Chest Hospital NHS Foundation Trust (Knowsley Community CVD Service)	Cheshire & Merseyside	NHS Cheshire and Merseyside	HADS	50%	60%	10%	60%	80%	20%
Liverpool University Hospitals NHS Foundation Trust (Broadgreen Hospital and Royal Liverpool University Hospital)	Cheshire & Merseyside	NHS Cheshire and Merseyside	HADS	60%	64%	4%	62%	69%	7%
Mersey and West Lancashire Teaching Hospitals NHS Trust (Ormskirk District General Hospital & Southport and Formby District General Hospital)	Cheshire & Merseyside	NHS Cheshire and Merseyside	HADS	58%	58%	0%	58%	75%	17%
Mid Cheshire Hospitals NHS Foundation Trust (Leighton Hospital)	Cheshire & Merseyside	NHS Cheshire and Merseyside	HADS	61%	67%	6%	78%	83%	5%

Trust Name	Network/Region	ICB/Board	Measure	Assessment 1 Anxiety Normal %	Assessment 2 Anxiety Normal %	Normal Anxiety Change %	Assessment 1 Depression Normal %	Ass 2 Depression Normal %	Normal Depression Change %
St.Helens and Knowsley Teaching Hospitals NHS Trust (Halton and St Helens Division)	Cheshire & Merseyside	NHS Cheshire and Merseyside	HADS	Insufficient Number of Starters for Valid Data Reporting					
Warrington and Halton Teaching Hospitals NHS Foundation Trust (Halton Hospital and Warrington)	Cheshire & Merseyside	NHS Cheshire and Merseyside	HADS	79%	73%	-6%	82%	84%	2%
Wirral Community Health and Care NHS Foundation Trust (Wirral Heart Support Centre)	Cheshire & Merseyside	NHS Cheshire and Merseyside	HADS	74%	84%	11%	79%	84%	5%
Chesterfield Royal Hospital NHS Foundation Trust (Chesterfield Royal Hospital)	East Midlands	NHS Derby and Derbyshire	HADS	55%	80%	25%	85%	95%	10%
Derbyshire Community Health Services NHS Foundation Trust (North Derbyshire - Phase III Community CR (Chesterfield & Bolsover))	East Midlands	NHS Derby and Derbyshire	HADS*	Insufficient Number of Starters for Valid Data Reporting					
Doncaster and Bassetlaw Hospitals NHS Foundation Trust (Bassetlaw Hospital)	East Midlands	NHS Nottingham and Nottinghamshire	HADS	84%	90%	6%	88%	90%	2%

\* Programme uses both HADS and PHQ-9/GAD-7. Data shown is measure most frequently used.

Trust Name	Network/Region	ICB/Board	Measure	Assessment 1 Anxiety Normal %	Assessment 2 Anxiety Normal %	Normal Anxiety Change %	Assessment 1 Depression Normal %	Ass 2 Depression Normal %	Normal Depression Change %
Kettering General Hospital NHS Trust (Kettering General Hospital)	East Midlands	NHS Northamptonshire	HADS	66%	76%	10%	76%	83%	7%
Northampton General Hospital NHS Trust (Northampton General Hospital (Acute))	East Midlands	NHS Northamptonshire	HADS	Insufficient Number of Starters for Valid Data Reporting					
Nottingham Citycare Partnership CIC (Community Cardiac Rehab and TIA Service)	East Midlands	NHS Nottingham and Nottinghamshire	HADS	Insufficient Number of Starters for Valid Data Reporting					
Sherwood Forest Hospitals NHS Foundation Trust (King's Mill Hospital)	East Midlands	NHS Nottingham and Nottinghamshire	HADS	81%	64%	-17%	88%	76%	-12%
Sherwood Forest Hospitals NHS Foundation Trust (Newark Hospital)	East Midlands	NHS Nottingham and Nottinghamshire	HADS	Insufficient Number of Starters for Valid Data Reporting					
University Hospitals Of Leicester NHS Trust (Glenfield Hospital, Leicester General Hospital and Leicester Royal Infirmary)	East Midlands	NHS Leicester, Leicestershire and Rutland	HADS*	72%	69%	-3%	82%	85%	3%
Bedfordshire Hospitals NHS Foundation Trust (Bedford Heart Beat - Bedford Hospital)	East of England	NHS Bedfordshire, Luton and Milton Keynes	HADS	78%	87%	9%	91%	87%	-4%

\* Programme uses both HADS and PHQ-9/GAD-7. Data shown is measure most frequently used.

Trust Name	Network/Region	ICB/Board	Measure	Assessment 1 Anxiety Normal %	Assessment 2 Anxiety Normal %	Normal Anxiety Change %	Assessment 1 Depression Normal %	Ass 2 Depression Normal %	Normal Depression Change %
Bedfordshire Hospitals NHS Foundation Trust (Luton and Dunstable Hospital)	East of England	NHS Bedfordshire, Luton and Milton Keynes	HADS	Insufficient Number of Starters for Valid Data Reporting					
Cambridge University Hospital NHS Foundation Trust (Addenbrooke's Hospital)	East of England	NHS Cambridgeshire and Peterborough	PHQ-9/GAD-7	77%	85%	8%	65%	77%	13%
Cambridgeshire & Peterborough NHS Foundation Trust (Doddington Community Hospital)	East of England	NHS Cambridgeshire and Peterborough	HADS	Insufficient Number of Starters for Valid Data Reporting					
East and North Hertfordshire NHS Trust (Queen Elizabeth II Hospital and Lister Hospital)	East of England	NHS Hertfordshire and West Essex	HADS	Insufficient Number of Starters for Valid Data Reporting					
East Suffolk and North Essex NHS Foundation Trust (Colchester General Hospital)	East of England	NHS Suffolk and North East Essex	HADS	80%	90%	10%	80%	90%	10%
East Suffolk and North Essex NHS Foundation Trust (East Suffolk Cardiac Rehab)	East of England	NHS Suffolk and North East Essex	PHQ-9/GAD-7	80%	89%	8%	79%	89%	10%
Essex Partnership University NHS Foundation Trust (EPUT)	East of England	NHS Hertfordshire and West Essex	HADS	75%	67%	-8%	82%	82%	0%

Trust Name	Network/Region	ICB/Board	Measure	Assessment 1 Anxiety Normal %	Assessment 2 Anxiety Normal %	Normal Anxiety Change %	Assessment 1 Depression Normal %	Ass 2 Depression Normal %	Normal Depression Change %
Mid and South Essex NHS Foundation Trust (Broomfield Hospital)	East of England	NHS Mid and South Essex	HADS	86%	82%	-4%	91%	95%	4%
Mid and South Essex NHS Foundation Trust (Southend Hospital)	East of England	NHS Mid and South Essex	HADS	65%	74%	8%	67%	76%	8%
Mid and South Essex NHS Foundation Trust (The Essex Cardiothoracic Centre)	East of England	NHS Mid and South Essex	HADS	76%	85%	9%	80%	89%	9%
Milton Keynes University Hospital NHS Foundation Trust (Milton Keynes University Hospital)	East of England	NHS Bedfordshire, Luton and Milton Keynes	HADS	Insufficient Number of Starters for Valid Data Reporting					
Norfolk and Norwich University Hospital NHS Trust (Norfolk and Norwich University Hospital)	East of England	NHS Norfolk and Waveney	PHQ-9/GAD-7	74%	83%	8%	65%	75%	11%
Norfolk Community Health and Care NHS Trust (Dereham Hospital)	East of England	NHS Norfolk and Waveney	HADS*	78%	81%	3%	89%	92%	3%

\* Programme uses both HADS and PHQ-9/GAD-7. Data shown is measure most frequently used.

Trust Name	Network/Region	ICB/Board	Measure	Assessment 1 Anxiety Normal %	Assessment 2 Anxiety Normal %	Normal Anxiety Change %	Assessment 1 Depression Normal %	Ass 2 Depression Normal %	Normal Depression Change %
North West Anglia NHS Foundation Trust (Peterborough City Hospital and CPFT Community Cardiac Rehabilitation)	East of England	NHS Cambridgeshire and Peterborough	HADS	82%	89%	7%	89%	93%	4%
Royal Papworth Hospital NHS Foundation Trust (Royal Papworth Hospital)	East of England	NHS Cambridgeshire and Peterborough	HADS	75%	68%	-7%	80%	82%	2%
West Herts Central London Community Healthcare NHS Trust (St Albans, Watford, Hemel Hempstead)	East of England	NHS Hertfordshire and West Essex	HADS	71%	78%	8%	80%	86%	6%
West Suffolk NHS Foundation Trust (West Suffolk Community Cardiac Rehabilitation)	East of England	NHS Suffolk and North East Essex	HADS	Insufficient Number of Starters for Valid Data Reporting					
West Suffolk NHS Foundation Trust (West Suffolk Hospital)	East of England	NHS Suffolk and North East Essex	HADS	79%	79%	0%	90%	79%	-11%
Bolton Hospitals NHS Trust (Royal Bolton Hospital and Royal Bolton Heart Failure Rehab)	Greater Manchester	NHS Greater Manchester	HADS	73%	71%	-3%	81%	81%	0%
Circle Health Group (Alexandra Hospital (Private))	Greater Manchester	NHS Greater Manchester	HADS	Insufficient Number of Starters for Valid Data Reporting					

Trust Name	Network/Region	ICB/Board	Measure	Assessment 1 Anxiety Normal %	Assessment 2 Anxiety Normal %	Normal Anxiety Change %	Assessment 1 Depression Normal %	Ass 2 Depression Normal %	Normal Depression Change %
Manchester University NHS Foundation Trust (North Manchester General Hospital)	Greater Manchester	NHS Greater Manchester	HADS	75%	88%	13%	69%	88%	19%
Manchester University NHS Foundation Trust (Wythenshawe Hospital & South Manchester Community)	Greater Manchester	NHS Greater Manchester	HADS	Insufficient Number of Starters for Valid Data Reporting					
Northern Care Alliance NHS Group (Bury Care Organisation)	Greater Manchester	NHS Greater Manchester	HADS	65%	74%	9%	74%	91%	18%
Northern Care Alliance NHS Group (Royal Oldham Hospital)	Greater Manchester	NHS Greater Manchester	HADS	67%	80%	13%	60%	67%	7%
Northern Care Alliance NHS Group (Salford Royal Hospital)	Greater Manchester	NHS Greater Manchester	HADS	49%	56%	8%	71%	71%	0%
Stockport NHS Foundation Trust (Stepping Hill Hospital)	Greater Manchester	NHS Greater Manchester	HADS	80%	90%	10%	80%	80%	0%
Tameside and Glossop Integrated Care NHS Foundation Trust (Tameside General Hospital)	Greater Manchester	NHS Greater Manchester	HADS	Insufficient Number of Starters for Valid Data Reporting					
City Health Care Partnership CIC (East Riding Cardiac Rehab Service)	Humber and North Yorkshire	NHS Humber and North Yorkshire	HADS	94%	83%	-11%	89%	94%	5%
City Health Care Partnership CIC (Hull)	Humber and North Yorkshire	NHS Humber and North Yorkshire	HADS	77%	84%	7%	88%	88%	0%



Trust Name	Network/Region	ICB/Board	Measure	Assessment 1 Anxiety Normal %	Assessment 2 Anxiety Normal %	Normal Anxiety Change %	Assessment 1 Depression Normal %	Ass 2 Depression Normal %	Normal Depression Change %
Harrogate and District NHS Foundation Trust (Harrogate District Hospital)	Humber and North Yorkshire	NHS Humber and North Yorkshire	HADS	63%	67%	4%	92%	92%	0%
Humber Teaching NHS Foundation Trust (Scarborough, Whitby, Ryedale and Pocklington)	Humber and North Yorkshire	NHS Humber and North Yorkshire	HADS	Insufficient Number of Starters for Valid Data Reporting					
Northern Lincolnshire and Goole Hospitals NHS Foundation Trust (Diana, Princess of Wales Hospital)	Humber and North Yorkshire	NHS Humber and North Yorkshire	HADS	Insufficient Number of Starters for Valid Data Reporting					
Northern Lincolnshire and Goole Hospitals NHS Foundation Trust (Scunthorpe General Hospital)	Humber and North Yorkshire	NHS Humber and North Yorkshire	HADS	Insufficient Number of Starters for Valid Data Reporting					
York and Scarborough Teaching Hospitals NHS Foundation Trust (York Hospital / Community CR & Heart Failure Rehab)	Humber and North Yorkshire	NHS Humber and North Yorkshire	HADS	81%	85%	4%	70%	89%	19%
East Lancashire Hospitals NHS Trust (Royal Blackburn Hospital / Burnley Hospital)	Lancashire & South Cumbria	NHS Lancashire and South Cumbria	HADS	68%	64%	-4%	76%	79%	4%

Trust Name	Network/Region	ICB/Board	Measure	Assessment 1 Anxiety Normal %	Assessment 2 Anxiety Normal %	Normal Anxiety Change %	Assessment 1 Depression Normal %	Ass 2 Depression Normal %	Normal Depression Change %
Lancashire Teaching Hospitals NHS Foundation Trust (Chorley & South Ribble Hospital and Royal Preston Hospital)	Lancashire & South Cumbria	NHS Lancashire and South Cumbria	HADS	58%	77%	19%	77%	89%	12%
University Hospitals of Morecambe Bay NHS Foundation Trust (Furness General Hospital)	Lancashire & South Cumbria	NHS Lancashire and South Cumbria	HADS	Insufficient Number of Starters for Valid Data Reporting					
University Hospitals Of Morecambe Bay NHS Foundation Trust (Royal Lancaster Infirmary)	Lancashire & South Cumbria	NHS Lancashire and South Cumbria	HADS	Insufficient Number of Starters for Valid Data Reporting					
Barking, Havering and Redbridge Hospitals NHS Trust (King George Hospital, Queens Hospital and Community CHD Service)	London (North)	NHS North East London	HADS	87%	92%	5%	85%	93%	8%
Barts Health NHS Trust (Barts Heart Centre)	London (North)	NHS North East London	HADS	71%	62%	-9%	73%	85%	12%
Barts Health NHS Trust (Whipps Cross University Hospital)	London (North)	NHS North East London	HADS	74%	85%	10%	72%	78%	5%
Central and North West London NHS Foundation Trust (Hillingdon Community Cardiac Rehab)	London (North)	NHS North West London	HADS	69%	77%	9%	69%	83%	14%

Trust Name	Network/Region	ICB/Board	Measure	Assessment 1 Anxiety Normal %	Assessment 2 Anxiety Normal %	Normal Anxiety Change %	Assessment 1 Depression Normal %	Ass 2 Depression Normal %	Normal Depression Change %
Central London Community Healthcare NHS Trust (Harrow Community Services)	London (North)	NHS North West London	HADS	83%	88%	5%	83%	93%	10%
East London NHS Foundation Trust (Newham Cardiac Rehab Services)	London (North)	NHS North East London	HADS	70%	50%	-20%	60%	80%	20%
Homerton University Hospital NHS Foundation Trust (Homerton University Hospital)	London (North)	NHS North East London	HADS	94%	82%	-12%	88%	94%	6%
Imperial Healthcare NHS Trust (Charing Cross Hospital/Hammersmith, Central & West London and Ealing Community)	London (North)	NHS North West London	HADS	55%	75%	20%	74%	80%	6%
London North West University Healthcare NHS Trust (Northwick Park Hospital and Ealing Hospital)	London (North)	NHS North West London	HADS	100%	100%	0%	82%	91%	9%
North Middlesex University Hospital NHS Trust (North Middlesex Hospital)	London (North)	NHS North Central London	HADS	75%	71%	-4%	79%	79%	0%
Nuffield Health (Nuffield Health at St. Bartholomew's Hospital)	London (North)	NHS North East London	PHQ-9/GAD-7	Insufficient Number of Starters for Valid Data Reporting					

Trust Name	Network/Region	ICB/Board	Measure	Assessment 1 Anxiety Normal %	Assessment 2 Anxiety Normal %	Normal Anxiety Change %	Assessment 1 Depression Normal %	Ass 2 Depression Normal %	Normal Depression Change %
Royal Free London NHS Foundation Trust (Chase Farm Hospital and Barnet Hospital)	London (North)	NHS North Central London	HADS	65%	83%	18%	83%	88%	5%
Royal Free London NHS Foundation Trust (Royal Free Hospital)	London (North)	NHS North Central London	HADS	Insufficient Number of Starters for Valid Data Reporting					
The Hillingdon Hospitals NHS Foundation Trust (Hillingdon Hospital)	London (North)	NHS North West London	HADS	85%	62%	-23%	92%	85%	-8%
University College London Hospitals NHS Foundation Trust (The Heart Hospital)	London (North)	NHS North Central London	HADS	67%	73%	7%	87%	80%	-7%
Whittington Health NHS Trust (The Whittington Hospital)	London (North)	NHS North Central London	HADS	56%	63%	6%	88%	88%	0%
Central London Community Healthcare NHS Trust (Merton Cardiac Rehabilitation)	London (South)	NHS South West London	PHQ-9/GAD-7	Insufficient Number of Starters for Valid Data Reporting					
Croydon Health Services NHS Trust (Croydon University Hospital)	London (South)	NHS South West London	HADS	Insufficient Number of Starters for Valid Data Reporting					
Epsom and St Helier University Hospitals NHS Trust (St Helier Hospital)	London (South)	NHS South West London	HADS	77%	82%	6%	77%	94%	18%

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Guy's and St Thomas' NHS Foundation Trust (St. Thomas' Hospital)	London (South)	NHS South East London	HADS	74%	65%	-9%	65%	83%	17%
King's College Hospital NHS Foundation Trust (King's College Hospital (Denmark Hill))	London (South)	NHS South East London	PHQ-9/GAD-7	Insufficient Number of Starters for Valid Data Reporting					
Kings College Hospital NHS Foundation Trust (Princess Royal University Hospital)	London (South)	NHS South East London	HADS	Insufficient Number of Starters for Valid Data Reporting					
Lewisham and Greenwich NHS Trust (University Hospital Lewisham)	London (South)	NHS South East London	HADS	72%	86%	14%	83%	93%	10%
Oxleas NHS Foundation Trust (Bexley Cardiac Rehab and Greenwich Long Term Conditions Team)	London (South)	NHS South East London	PHQ-9/GAD-7	Insufficient Number of Starters for Valid Data Reporting					
St George's University Hospitals NHS Foundation Trust (St George's Hospital (Tooting))	London (South)	NHS South West London	HADS	64%	79%	14%	86%	93%	7%
Your Healthcare CIC (Kingston Community Cardiac Prevention and Rehabilitation Programme)	London (South)	NHS South West London	HADS	100%	100%	0%	91%	100%	9%

Trust Name	Network/Region	ICB/Board	Measure	Assessment 1 Anxiety Normal %	Assessment 2 Anxiety Normal %	Normal Anxiety Change %	Assessment 1 Depression Normal %	Ass 2 Depression Normal %	Normal Depression Change %
Gateshead Health NHS Foundation Trust (Queen Elizabeth Hospital)	North East	NHS North East and North Cumbria	HADS	66%	86%	21%	86%	93%	7%
Newcastle upon Tyne Hospitals NHS Foundation Trust (Freeman Hospital)	North East	NHS North East and North Cumbria	HADS	Insufficient Number of Starters for Valid Data Reporting					
North Cumbria Integrated Care NHS Foundation Trust (Cumberland Infirmary)	North East	NHS North East and North Cumbria	HADS	72%	68%	-4%	96%	80%	-16%
North Cumbria Integrated Care NHS Foundation Trust (West Cumberland Hospital)	North East	NHS North East and North Cumbria	HADS	Insufficient Number of Starters for Valid Data Reporting					
North Tees and Hartlepool NHS Foundation Trust (Community Services)	North East	NHS North East and North Cumbria	HADS	54%	80%	26%	60%	80%	20%
Northumbria Healthcare NHS Foundation Trust (Central/South East, North and West & Community Cardiology)	North East	NHS North East and North Cumbria	HADS	74%	73%	-1%	78%	84%	6%
Ashford and St. Peters Hospital NHS Trust (Ashford Hospital and St Peters Hospital)	South East	NHS Surrey Heartlands	HADS	70%	82%	12%	73%	85%	12%

Trust Name	Network/Region	ICB/Board	Measure	Assessment 1 Anxiety Normal %	Assessment 2 Anxiety Normal %	Normal Anxiety Change %	Assessment 1 Depression Normal %	Ass 2 Depression Normal %	Normal Depression Change %
Berkshire Healthcare NHS Foundation Trust (Royal Berkshire Hospital and West Berkshire Community)	South East	NHS Buckinghamshire, Oxfordshire and Berkshire West	HADS	87%	81%	-5%	84%	97%	14%
Buckinghamshire Healthcare NHS Trust (Wycombe Hospital)	South East	NHS Buckinghamshire, Oxfordshire and Berkshire West	HADS	59%	65%	6%	88%	100%	12%
Dartford and Gravesham NHS Trust (Darent Valley Hospital)	South East	NHS Kent and Medway	HADS	Insufficient Number of Starters for Valid Data Reporting					
East Sussex Healthcare NHS Trust (Conquest Hospital)	South East	NHS Sussex	HADS	50%	81%	31%	73%	73%	0%
East Sussex Healthcare NHS Trust (Eastbourne District General Hospital)	South East	NHS Sussex	HADS*	80%	80%	0%	80%	100%	20%
Epsom and St Helier University Hospitals NHS Trust (Epsom Hospital)	South East	NHS Surrey Heartlands	HADS	Insufficient Number of Starters for Valid Data Reporting					
Frimley Health NHS Foundation Trust (Frimley Park Hospital)	South East	NHS Frimley	HADS	86%	90%	4%	88%	90%	2%
Frimley Health NHS Foundation Trust (Wexham Park Hospital)	South East	NHS Frimley	HADS	71%	71%	0%	80%	89%	9%

\* Programme uses both HADS and PHQ-9/GAD-7. Data shown is measure most frequently used.

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Isle of Wight NHS Trust (St Mary's Hospital)	South East	NHS Hampshire and Isle of Wight	HADS	75%	70%	-5%	75%	80%	5%
Kent Community Health NHS Foundation Trust	South East	NHS Kent and Medway	HADS	75%	81%	6%	81%	91%	9%
Maidstone and Tunbridge Wells NHS Trust (Maidstone Hospital)	South East	NHS Kent and Medway	HADS	57%	71%	14%	71%	93%	22%
Maidstone and Tunbridge Wells NHS Trust (Tunbridge Wells Hospital)	South East	NHS Kent and Medway	HADS	86%	86%	0%	93%	100%	7%
Oxford University Hospitals NHS Foundation Trust (Horton General Hospital and John Radcliffe Hospital)	South East	NHS Buckinghamshire, Oxfordshire and Berkshire West	HADS	61%	66%	5%	76%	83%	7%
Portsmouth Hospitals University NHS Trust (Queen Alexandra Hospital)	South East	NHS Hampshire and Isle of Wight	HADS	81%	83%	2%	93%	92%	-1%
Royal Surrey NHS Foundation Trust (Royal Surrey County Hospital)	South East	NHS Surrey Heartlands	HADS	70%	70%	0%	80%	80%	0%
Solent NHS Trust	South East	NHS Hampshire and Isle of Wight	HADS	57%	62%	5%	86%	86%	0%



Trust Name	Network/Region	ICB/Board	Measure	Assessment 1 Anxiety Normal %	Assessment 2 Anxiety Normal %	Normal Anxiety Change %	Assessment 1 Depression Normal %	Ass 2 Depression Normal %	Normal Depression Change %
University Hospitals Sussex NHS Foundation Trust (Princess Royal Hospital)	South East	NHS Sussex	HADS	86%	76%	-10%	81%	86%	5%
University Hospitals Sussex NHS Foundation Trust (Royal Sussex County Hospital)	South East	NHS Sussex	HADS	61%	61%	0%	59%	70%	11%
University Hospitals Sussex NHS Foundation Trust (Southlands Hospital)	South East	NHS Sussex	HADS	78%	77%	-2%	77%	78%	2%
University Hospitals Sussex NHS Foundation Trust (St Richards Hospital)	South East	NHS Sussex	HADS	80%	83%	3%	80%	97%	17%
Royal Cornwall Hospitals NHS Trust (Liskeard Community Hospital, Royal Cornwall Hospital, Mid Cornwall and West Cornwall/Isles of Scilly)	South West (Peninsula)	NHS Cornwall and The Isles of Scilly	HADS	76%	71%	-5%	71%	81%	10%
Royal Devon University Healthcare NHS Foundation Trust (North Devon District Hospital)	South West (Peninsula)	NHS Devon	HADS	68%	68%	0%	82%	73%	-9%

Trust Name	Network/Region	ICB/Board	Measure	Assessment 1 Anxiety Normal %	Assessment 2 Anxiety Normal %	Normal Anxiety Change %	Assessment 1 Depression Normal %	Ass 2 Depression Normal %	Normal Depression Change %
Royal Devon University Healthcare NHS Foundation Trust (Royal Devon and Exeter Hospital (Wonford) & Westbank Community Care)	South West (Peninsula)	NHS Devon	HADS	83%	83%	0%	87%	93%	7%
Barnsley Hospital NHS Foundation Trust (Barnsley Hospital NHS Foundation Trust HQ)	South Yorkshire	NHS South Yorkshire	PHQ-9/GAD-7	94%	97%	3%	91%	94%	3%
Rotherham NHS Foundation Trust (Rotherham District General Hospital and Rotherham Community Health Centre)	South Yorkshire	NHS South Yorkshire	HADS	57%	57%	0%	57%	71%	14%
George Eliot Hospital NHS Trust (George Eliot Hospital)	West Midlands	NHS Coventry and Warwickshire	HADS	Insufficient Number of Starters for Valid Data Reporting					
Sandwell and West Birmingham Hospitals NHS Trust (City Hospital and Sandwell General Hospital)	West Midlands	NHS Black Country	HADS	91%	76%	-14%	95%	95%	0%
The Royal Wolverhampton Hospitals NHS Trust (New Cross Hospital and Cannock Chase Hospital)	West Midlands	NHS Black Country	HADS	77%	82%	5%	83%	85%	2%

Trust Name	Network/Region	ICB/Board	Measure	Assessment 1 Anxiety Normal %	Assessment 2 Anxiety Normal %	Normal Anxiety Change %	Assessment 1 Depression Normal %	Ass 2 Depression Normal %	Normal Depression Change %
University Hospitals Birmingham NHS Foundation Trust (Good Hope Hospital)	West Midlands	NHS Birmingham and Solihull	HADS	Insufficient Number of Starters for Valid Data Reporting					
University Hospitals Coventry and Warwickshire NHS Trust (University Hospital, Coventry and Hospital of St Cross)	West Midlands	NHS Coventry and Warwickshire	PHQ-9/GAD-7	74%	83%	9%	58%	74%	16%
University Hospitals of Derby and Burton NHS Foundation Trust (Queen's Hospital)	West Midlands	NHS Staffordshire and Stoke- on-Trent	HADS	82%	78%	-4%	93%	89%	-4%
Walsall Cardiac Rehabilitation Trust (Heart Care)	West Midlands	NHS Black Country	HADS	53%	68%	15%	68%	79%	11%
Worcestershire Acute Hospitals NHS Trust (Alexandra Hospital)	West Midlands	NHS Herefordshire and Worcestershire	HADS	48%	72%	24%	64%	75%	11%
Worcestershire Acute Hospitals NHS Trust (Kidderminster Hospital)	West Midlands	NHS Herefordshire and Worcestershire	HADS	71%	79%	8%	79%	100%	21%
Worcestershire Acute Hospitals NHS Trust (Worcestershire Royal Hospital)	West Midlands	NHS Herefordshire and Worcestershire	HADS	75%	100%	25%	88%	100%	13%
Wye Valley NHS Trust (Hereford County Hospital, Leominster and Ross on Wye)	West Midlands	NHS Herefordshire and Worcestershire	HADS	40%	73%	33%	73%	80%	7%

Trust Name	Network/Region	ICB/Board	Measure	Assessment 1 Anxiety Normal %	Assessment 2 Anxiety Normal %	Normal Anxiety Change %	Assessment 1 Depression Normal %	Ass 2 Depression Normal %	Normal Depression Change %
Dorset County Hospital NHS Foundation Trust (Dorset County Hospital)	West of England	NHS Dorset	HADS	68%	73%	4%	82%	86%	5%
Gloucestershire Health and Care NHS Foundation Trust ( Gloucestershire Care Services)	West of England	NHS Gloucestershire	PHQ-9/GAD-7	72%	77%	5%	64%	78%	14%
Great Western Hospitals NHS Foundation Trust	West of England	NHS Bath and North East Somerset, Swindon and Wiltshire	HADS	Insufficient Number of Starters for Valid Data Reporting					
North Bristol NHS Trust (Southmead Hospital)	West of England	NHS Bristol, North Somerset and South Gloucestershire	HADS	Insufficient Number of Starters for Valid Data Reporting					
Royal United Hospital Bath NHS Foundation Trust (Royal United Hospital)	West of England	NHS Bath and North East Somerset, Swindon and Wiltshire	HADS	Insufficient Number of Starters for Valid Data Reporting					
Salisbury NHS Foundation Trust (Salisbury District Hospital)	West of England	NHS Bath and North East Somerset, Swindon and Wiltshire	HADS	Insufficient Number of Starters for Valid Data Reporting					
Somerset NHS Foundation Trust (Musgrove Park Hospital & Somerset Community)	West of England	NHS Somerset	PHQ-9/GAD-7	69%	83%	14%	58%	77%	19%
University Hospitals Bristol and Weston NHS Foundation Trust (Bristol Royal Infirmary)	West of England	NHS Bristol, North Somerset and South Gloucestershire	HADS	74%	79%	5%	63%	79%	16%

Trust Name	Network/Region	ICB/Board	Measure	Assessment 1 Anxiety Normal %	Assessment 2 Anxiety Normal %	Normal Anxiety Change %	Assessment 1 Depression Normal %	Ass 2 Depression Normal %	Normal Depression Change %
University Hospitals Bristol and Weston NHS Foundation Trust (Weston General Hospital)	West of England	NHS Bristol, North Somerset and South Gloucestershire	HADS	79%	71%	-7%	79%	79%	0%
University Hospitals Dorset NHS Foundation Trust (Poole General Hospital & Royal Bournemouth Hospital)	West of England	NHS Dorset	HADS	66%	73%	7%	78%	93%	15%
Bradford Teaching Hospitals NHS Foundation Trust (Bradford Royal Infirmary, St Lukes Hospital, Queensbury Health Centre and Eccleshill Clinic)	West Yorkshire	NHS West Yorkshire	HADS	Insufficient Number of Starters for Valid Data Reporting					
Calderdale and Huddersfield NHS Foundation Trust (Calderdale Royal Hospital)	West Yorkshire	NHS West Yorkshire	HADS	66%	75%	9%	81%	76%	-5%
Locala Community Partnership CIC (Huddersfield)	West Yorkshire	NHS West Yorkshire	HADS	67%	61%	-6%	67%	78%	11%
Mid Yorkshire Hospitals NHS Trust (Pinderfields Hospital, Pontefract General Infirmary, Dewsbury & District Hospital)	West Yorkshire	NHS West Yorkshire	HADS	53%	65%	12%	77%	77%	0%

Trust Name	Region	Measure	Assessment 1 Anxiety Normal %	Assessment 2 Anxiety Normal %	Normal Anxiety Change %	Assessment 1 Depression Normal %	Ass 2 Depression Normal %	Normal Depression Change %
Belfast Health and Social Care Trust (Belfast City Hospital, Royal Victoria Hospital and Mater Hospital)	Belfast Health and Social Care Trust	HADS	47%	65%	19%	65%	70%	5%
Northern Health and Social Care Trust (Antrim Area Hospital, Whiteabbey Hospital, Mid-Ulster Hospital, Causeway Hospital)	Northern Health and Social Care Trust	HADS	71%	71%	0%	76%	79%	3%
South Eastern Health and Social Care Trust (Downe Hospital)	South Eastern Health and Social Care Trust	HADS	Insufficient Number of Starters for Valid Data Reporting					
South Eastern Health and Social Care Trust (Lagan Valley Hospital)	South Eastern Health and Social Care Trust	HADS	Insufficient Number of Starters for Valid Data Reporting					
South Eastern Health and Social Care Trust (Ulster Hospital)	South Eastern Health and Social Care Trust	HADS	76%	76%	0%	88%	92%	5%
Southern Health and Social Care Trust (Craigavon Area Hospital)	Southern Health and Social Care Trust	HADS	Insufficient Number of Starters for Valid Data Reporting					
Southern Health and Social Care Trust (Daisy Hill Hospital)	Southern Health and Social Care Trust	HADS	56%	50%	-6%	88%	75%	-13%
Southern Health and Social Care Trust (South Tyrone Hospital)	Southern Health and Social Care Trust	HADS	58%	67%	8%	75%	71%	-4%

Trust Name	Region	Measure	Assessment 1 Anxiety Normal %	Assessment 2 Anxiety Normal %	Normal Anxiety Change %	Assessment 1 Depression Normal %	Ass 2 Depression Normal %	Normal Depression Change %
Isle of Man (Nobles Hospital)	Isle Of Man	HADS	65%	82%	18%	77%	94%	18%

Trust Name	Region	Measure	Assessment 1 Anxiety Normal %	Assessment 2 Anxiety Normal %	Normal Anxiety Change %	Assessment 1 Depression Normal %	Ass 2 Depression Normal %	Normal Depression Change %
Aneurin Bevan University Health Board (Nevill Hall Hospital, County Hospital, Ysbyty Ystrad Fawr and St Woolos)	Aneurin Bevan University Health Board	HADS	79%	86%	7%	90%	90%	0%
Betsi Cadwaladr University Health Board (North West Wales Cardiac Rehab Programme)	Betsi Cadwaladr University Health Board	HADS	63%	54%	-8%	79%	79%	0%
Betsi Cadwaladr University Health Board (Wrexham Maelor Hospital)	Betsi Cadwaladr University Health Board	PHQ-9/GAD-7	87%	89%	2%	69%	89%	19%
Betsi Cadwaladr University Health Board (Ysbyty Glan Clwyd & Llandudno)	Betsi Cadwaladr University Health Board	HADS	Insufficient Number of Starters for Valid Data Reporting					
Cardiff and Vale University Health Board (University Hospital of Wales and Llandough Hospital)	Cardiff & Vale University Health Board	HADS	67%	78%	11%	82%	85%	4%
Cwm Taf Morgannwg University Health Board (Princess of Wales Hospital)	Cwm Taf Morgannwg University Health Board	HADS	76%	76%	0%	84%	92%	8%
Cwm Taf Morgannwg University Health Board (Royal Glamorgan Hospital and Prince Charles Hospital)	Cwm Taf Morgannwg University Health Board	HADS	84%	68%	-16%	82%	79%	-3%
Hywel Dda University Health Board (Bronglais Hospital)	Hywel Dda University Health Board	HADS	73%	80%	7%	73%	67%	-7%
Hywel Dda University Health Board (Glangwili Hospital and Prince Philip Hospital)	Hywel Dda University Health Board	HADS	64%	72%	8%	83%	83%	0%
Hywel Dda University Health Board (Haverfordwest Health Care Centre)	Hywel Dda University Health Board	HADS	Insufficient Number of Starters for Valid Data Reporting					



Trust Name	Region	Measure	Assessment 1 Anxiety Normal %	Assessment 2 Anxiety Normal %	Normal Anxiety Change %	Assessment 1 Depression Normal %	Ass 2 Depression Normal %	Normal Depression Change %
Swansea Bay University Health Board (Neath/Port Talbot Hospital)	Swansea Bay University Health Board	HADS	73%	73%	0%	78%	80%	3%